

January 2026 SN Monthly Calendar

created with 



"Yesterday was not your defining moment. The calendar moved forward; why not you?"
— Dr. Steve Maraboli



Location Keys

Dining Room
Resident Room

DR
R



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Quail Haven Village</p> <p><i>"Yesterday was not your defining moment. The calendar moved forward; why not you?" — Dr. Steve Maraboli</i></p>	<p>Pinehurst United Methodist visits are provided weekly. Please let Amy know if you are interested.</p> <p>Activity Categories:</p> <ul style="list-style-type: none"> Creativity Emotional Intellectual Music Pet Therapy Physical Social Spiritual 	<p>Activities are subject to change. Changes will be posted on the large wall calendar.</p>	<p>Residents, we are excited to announce we have a Wii and several games!</p>	<p>New Year's Day</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Devotions [DR]</p> <p>1:00 🌟 Music & Movement [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Movie of the Week [DR]</p>	<p>1</p> <p>9:30 🐞 Communion Visits [R]</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🌟 Craft [DR]</p> <p>1:00 🐞 Growing 4 God [DR]</p> <p>2:00 National Cream Puff Day [DR]</p> <p>3:00 ❤️ Pet Visits [R]</p> <p>3:00 🌟 Talk of the Town [DR]</p> <p>6:00 🌟 Movie Time [DR]</p>	<p>2</p> <p>Materials are available in the dining room.</p> <p>1:00 ❤️ Family Visits [R]</p>
	<p>Inspirational Programming, Ch. 460-465</p> <p>4</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🎵 Music Mondays [DR]</p> <p>1:00 🎵 Songs & Smiles [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p> <p>6:00 🌟 Movie Time [DR]</p>	<p>5</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🎵 Music Mondays [DR]</p> <p>1:00 🎵 Songs & Smiles [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p> <p>6:00 🌟 Movie Time [DR]</p>	<p>6</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🌟 Game Time [DR]</p> <p>1:00 🌟 Flower Fun [DR]</p> <p>2:00 🌟 Across the Pond [DR]</p> <p>3:00 🌟 Group Time [DR]</p>	<p>7</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Spa Time [DR]</p> <p>1:00 ❤️ Soothing Our Senses [DR]</p> <p>2:00 🌟 Trivia Time [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p>	<p>8</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Devotions [DR]</p> <p>1:00 🌟 Music & Movement [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Movie of the Week [DR]</p>	<p>9</p> <p>Materials are available in the dining room.</p> <p>1:00 ❤️ Family Visits [R]</p>
	<p>Inspirational Programming, Ch. 460-465</p> <p>11</p> <p>11:00 🐞 Hayes Barton Baptist Church, Ch. 2 [R]</p> <p>1:00 ❤️ Family Visits [R]</p> <p>1:00 🐾 Therapy Dog Visit [DR]</p>	<p>12</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🎵 Music Mondays [DR]</p> <p>1:00 🎵 Songs & Smiles [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p> <p>6:00 🌟 Movie Time [DR]</p>	<p>13</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🌟 Sowing Seeds [DR]</p> <p>1:00 🌟 Flower Fun [DR]</p> <p>2:00 🌟 Across the Pond [DR]</p> <p>3:00 🌟 Group Time [DR]</p>	<p>14</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Spa Time [DR]</p> <p>1:00 ❤️ Soothing Our Senses [DR]</p> <p>2:00 🌟 Trivia Time [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p>	<p>15</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Devotions [DR]</p> <p>1:00 🌟 Music & Movement [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Movie of the Week [DR]</p>	<p>16</p> <p>Materials are available in the dining room.</p> <p>1:00 ❤️ Family Visits [R]</p>
	<p>Inspirational Programming, Ch. 460-465</p> <p>18</p> <p>11:00 🐞 Hayes Barton Baptist Church, Ch. 2 [R]</p> <p>1:00 ❤️ Family Visits [R]</p> <p>1:00 🐾 Therapy Dog Visit [DR]</p>	<p>19</p> <p>Martin Luther King, Jr. Day</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🎵 Music Mondays [DR]</p> <p>1:00 🎵 Songs & Smiles [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p> <p>6:00 🌟 Movie Time [DR]</p>	<p>20</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🌟 Game Time [DR]</p> <p>1:00 🌟 Flower Fun [DR]</p> <p>2:00 🌟 Across the Pond [DR]</p> <p>3:00 🌟 Group Time [DR]</p>	<p>21</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Spa Time [DR]</p> <p>1:00 ❤️ Soothing Our Senses [DR]</p> <p>2:00 🌟 Trivia Time [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p>	<p>22</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Devotions [DR]</p> <p>1:00 🌟 Music & Movement [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Movie of the Week [DR]</p>	<p>23</p> <p>Materials are available in the dining room.</p> <p>1:00 ❤️ Family Visits [R]</p>
	<p>Inspirational Programming, Ch. 460-465</p> <p>25</p> <p>11:00 🐞 Hayes Barton Baptist Church, Ch. 2 [R]</p> <p>1:00 ❤️ Family Visits [R]</p> <p>1:00 🐾 Therapy Dog Visit [DR]</p>	<p>26</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🎵 Music Mondays [DR]</p> <p>1:00 🎵 Songs & Smiles [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p> <p>6:00 🌟 Movie Time [DR]</p>	<p>27</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🌟 Game Time [DR]</p> <p>1:00 🌟 Flower Fun [DR]</p> <p>2:00 🌟 Across the Pond [DR]</p> <p>3:00 🌟 Group Time [DR]</p>	<p>28</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🐞 Spa Time [DR]</p> <p>1:00 ❤️ Soothing Our Senses [DR]</p> <p>2:00 🌟 Trivia Time [DR]</p> <p>3:00 🌟 Talk of the Town [DR]</p>	<p>29</p> <p>10:00 🌟 Chair Exercises [DR]</p> <p>10:30 🎵 Christmas in January [DR]</p> <p>1:00 🌟 Music & Movement [DR]</p> <p>2:00 🌟 BINGO [DR]</p> <p>3:00 🌟 Movie of the Week [DR]</p>	<p>30</p> <p>Materials are available in the dining room.</p> <p>1:00 ❤️ Family Visits [R]</p>