| July 2025 SN Monthly Calendar  |   |  |   |   |  |   | created SOOOU  |
|--|---|--|---|---|--|---|--|
|  | Sunday  | Monday   | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
| Quail Haven  | Pinehurst United<br>Methodist visits are<br>provided weekly.<br>Please let Amy know<br>if you are interested.                                   | <ul> <li>Creativity</li> <li>Emotional</li> <li>Intellectual</li> <li>Music</li> <li>Pet Therapy</li> <li>Physical</li> <li>Purposeful</li> <li>Social</li> <li>Spiritual</li> </ul> | 10:00  Chair Exercises [DR]  10:00  Sowing Seeds [DR]  1:00  Flower Fun [DR]  2:00  Across the Pond [DR]  3:00  Tuesday's Tours Around the World [DR]   | <b>,</b>  | 10:00  | Independence Day  9:30  Communion Visits [R]  10:00  Chair Exercises [DR]  10:30  Craft [DR]  1:00  Growing 4 God [DR]  2:00  National Day-4th of July [DR]  3:00  Pet Visits [R]  3:00  Talk of the Town [DR]    | Materials are available in the dining room.  1:00 ♥ Family Visits [R]  |
| "Do the best you can until you<br>know better. Then when you<br>know better, do better."<br>— Maya Angelou   | Inspirational Programming, Ch. 460-465  11:00 Hayes Barton Baptist Church, Ch. 2 [R]  1:00 Family Visits [R]  1:00 Therapy Dog Visit [DR]       | 10:00  | 10:00   | 10:00  Chair Exercises [DR]  10:30 Spa Time [DR]  1:00 Soothing Our Senses [DR]  1:30 Trivia Time [DR]  2:00 Spa Time [DR]  3:00  Talk of the Town [DR] | 10:00   Chair Exercises [DR] 10:30   Devotions [DR] 1:00   Music & Movement [DR] 2:00   BINGO [DR] 3:00   Movie of the Week [DR] | 9:30  Communion Visits [R]  10:00  Chair Exercises [DR]  10:30  Craft [DR]  1:00  Growing 4 God [DR]  2:00  National Mojito Day [DR]  3:00  Pet Visits [R]  3:00  Talk of the Town [DR]                           | Materials are available in the dining room.  1:00 ♥ Family Visits [R]  |
| inspire TO BE THE BEST YOU   | Inspirational Programming, Ch. 460-465  11:00 ₩ Hayes Barton Baptist Church, Ch. 2 [R]  1:00 ♥ Family Visits [R] 1:00 ₩ Therapy Dog Visit [DR]  | 10:00 Chair Exercises [DR] 10:30 Music Mondays [DR] 1:00 Songs & Smiles [DR] 2:00 BINGO [DR] 3:00 Talk of the Town [DR]  | 10:00   Chair Exercises [DR]  10:30   Game Time [DR]  1:00   Flower Fun [DR]  2:00   Across the Pond [DR]  3:00   Tuesday's Tours Around the World [DR] | 10:00   | 10:00  Chair Exercises [DR] 10:30  Devotions [DR] 1:00  Music & Movement [DR] 2:00  BINGO [DR] 3:00  Movie of the Week [DR]      | 9:30  | Materials are available in the dining room.  1:00 ♥ Family Visits [R]  |
| Location Keys Dining Room DR Resident Room R   | Inspirational Programming, Ch. 460-465  11:00 ₩ Hayes Barton Baptist Church, Ch. 2 [R]  1:00 ♥ Family Visits [R]  1:00 ₩ Therapy Dog Visit [DR] | 10:00  Chair Exercises [DR]  10:30  Music Mondays [DR]  1:00  Songs & Smiles [DR]  2:00  BINGO [DR]  3:00  Talk of the Town [DR]   | 10:00  Chair Exercises [DR] 10:30  Game Time [DR] 1:00  Flower Fun [DR] 2:00  Across the Pond [DR] 3:00  Tuesday's Tours Around the World [DR]          | 10:00  Chair Exercises [DR] 10:30  Spa Time [DR] 1:00  Triple Play [DR] 2:00  Spa Time [DR] 2:30  Food Committee [DR]                                   | 10:00 Chair Exercises [DR] 10:30 Devotions [DR] 1:00 Music & Movement [DR] 2:00 BINGO [DR] 3:00 Movie of the Week [DR]           | 9:30  Communion Visits [R]  10:00  Chair Exercises [DR]  10:30  Craft [DR]  1:00  Growing 4 God [DR]  2:00  National Wine & Cheese Day [DR]  2:30  Resident Council  3:00  Bingo Store [DR]  3:00  Pet Visits [R] | Materials are available in the dining room. 1:00 ❤ Family Visits [R]   |
| Ath Signature of the second of | Inspirational Programming, Ch. 460-465  11:00 ★ Hayes Barton Baptist Church, Ch. 2 [R]  1:00 ★ Family Visits [R]  1:00 ★ Therapy Dog Visit [DR] | 10:00   Chair   Exercises   [DR] 10:30   Music Mondays   [DR] 1:00   Songs & Smiles   [DR] 2:00   BINGO [DR] 3:00   Talk of the Town   [DR]  | 10:00   Chair Exercises [DR] 10:30   Game Time [DR] 1:00   Flower Fun [DR] 2:00   Across the Pond [DR] 3:00   Tuesday's Tours Around the World [DR]     | 10:00   | 10:00  Chair Exercises [DR]  10:30  Devotions [DR]  1:00  Music & Movement [DR]  2:00  BINGO [DR]  3:00  Movie of the Week [DR]  | Activities are subject<br>to change. Changes<br>will be posted on the<br>large wall calendar.   | Residents, we are excited to announce we have a Wii and several games! |