



HAPPY BIRTHDAY

Cahill, Patricia-5/09/2025

Disantis, Vicki-5/30/2025

Fenner , Virginia-5/09/02025

Nuti, Barbara-5/25/2025

Peterson, Charles-5/14/2025

Strecker, Robert-5/30/2025

Strohben , Carol-5/07/2025



Quail Haven

May 2025

Special Events

May 5th Massage Therapist- ECB at 10am

May 21th Birthday party-ECB at 2pm

May 28th All Women's & Men's Gathering
-ECB at 2pm



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				"Activities subject to change. All accurate and current activities will be posted on the TV on the main floor daily"	Walk & Fit 1 10:00 Sit & Fit-ECB 10:30 Seated Yoga-ECB 1:30 Noodle Ball-ECB 3:00 Sophisticated Ladies-LR	Walk & Fit 2 10:00 Sit & Fit-ECB 1:15 Bingo-ECB	1:00 Poker-ECB 3
Living Room-LR Conference Room-CR Dining Room-DR East Community-ECB Bill Lowdermilk -BLB Off Campus -OC	Gospel Channel-101-102 4 1:30 Mexican Train-ECB	Walk & Fit 5 9:00 Gentlemen's club-DR 10:00 Massage Therapist-ECB 1:15 Corn Hole-ECB 3:30 Tour around the world India-ECB 7:00 Ladies' Card Night -LR	10:00 Sit & Fit-ECB 6 1:15 Bingo-ECB 6:00 Tuesday Night at the Movies -LR	Walk & Fit 7 1:00 Blood pressure check in Home care 2:00 Book Club-ECB 7:00 Poker-ECB	10:00 Sit & Fit-ECB 8 10:30 Seated Yoga-ECB 10:40 BookMobile-10:40am-11:10am 1:00 Sandhill Audiology with DR. Brittany Brown-CR 1:30 Noodle Ball-ECB	Walk & Fit 9 9:00 Donuts & coffee-DR 1:15 Bingo-ECB	1:00 Poker-ECB 10
	Mother's Day 11 1:30 Mexican Train-ECB	Walk & Fit 12 10:00 Sit & Fit-ECB 1:15 Corn Hole-ECB 3:30 Tour around the world India-ECB 7:00 Ladies' Card Night -LR	10:00 Sit & Fit-ECB 13 10:30 Sit down yoga-ECB 1:15 Bingo-ECB 6:00 Tuesday Night at the Movies -LR	Walk & Fit 14 1:00 Blood pressure check in Home care 7:00 Poker-ECB	10:00 Sit & Fit-ECB 15 10:30 Seated Yoga-ECB 1:30 Noodle Ball-ECB	10:00 Sit & Fit-ECB 16 10:30 Seated Yoga-ECB 1:15 Bingo-ECB	1:00 Poker-ECB 17
	Gospel Channel-101-102 18 1:30 Mexican Train-ECB	Walk & Fit 19 9:00 Gentlemen's club-DR 1:30 Corn Hole-ECB 3:30 Tour around the world India-ECB 7:00 Ladies' Card Night -LR	10:00 Sit & Fit-ECB 20 10:30 Seated Yoga-ECB 1:15 Bingo-ECB 7:00 Tuesday Night at the Movies -LR	Walk & Fit 21 9:00 All Residents' Meeting with Breakfast-DR 1:00 Blood pressure check in Home care 2:00 Birthday Party-ECB 7:00 Poker-ECB	10:00 Sit & Fit-ECB 22 10:30 Seated Yoga-ECB 10:40 BookMobile-10:40am-11:10am 1:30 Noodle Ball-ECB	Walk & Fit 23 10:00 Sit & Fit-ECB 10:30 Seated Yoga-ECB 1:15 Bingo-ECB	1:00 Poker-ECB 24
155 Blake Blvd Pinehurst, NC 28374 (910) 238-3590	Gospel Channel-101-102 25 1:30 Mexican Train-ECB	Memorial Day 26 Walk & Fit 10:00 Sit & Fit-ECB 1:30 Corn Hole-ECB 3:30 Tour around the world India-ECB 6:00 Ladies' Card Night -LR	10:00 Sit & Fit-ECB 27 1:15 Bingo-ECB 6:00 Tuesday Night at the Movies -LR	Walk & Fit 28 1:00 Blood pressure check in Home care 2:00 All women's & Men's Gathering-ECB 7:00 Poker-ECB	10:00 Sit & Fit-ECB 29 10:30 Seated Yoga-ECB 1:30 Noodle Ball-ECB	9:00 Donuts & coffee-DR 30 1:15 Bingo-ECB	1:00 Poker-ECB 31